

# What to expect when studying with Setanta College (Ireland)

## Technology/Software/Platforms

Technology – Access to a laptop or desktop computer which has a Microsoft package of Word, Excel and PowerPoint. This will be important for completing any written assignments or presentations that you will need to submit.

Your lecture videos, notes and audio can accessed on a laptop/desktop, tablet/iPad or Smartphone.

Software – At times throughout your module you will need access to Microsoft Word, Excel and PowerPoint.

Zoom, is used for hosting webinars that we deliver at times throughout your modules.

Platforms – You will be given a Student Email Outlook account when you begin studying with Setanta College. This Outlook account will allow you access to other apps that we use such as Yammer (discussion & extra content) and Stream (video uploading)

Moodle is the Learning Management System that you will use to access:

- Lectures (video, notes & Audio)
- Quizzes
- Assignment Information, Briefs and Submission Portals
- Information on Workshop Dates

#### Yammer

- Classmate discussion forum
- Updated information & communications
- Additional Content
- Ask questions on content
- Special Interest Groups such as Careers & Internships

### How will you receive your lectures?

Each Monday your new week of content will be available on Moodle. When you log in you will see a new topic available to you.

You can view the content on Moodle or download it to your device for offline viewing.

## How do I complete a module?

Your module will consist of twelve topics and one topic will be released every second week.

Two assessment methods are used to assess the intended learning outcomes for each module (except for module Business of Fitness and Sport). The summative (graded) assessment method varies across modules. Practical assessments using skills and coaching demonstrations occur following the completion of all the practical workshops within a module. This occurs during a specific practical assessment day which will occur towards the of the award stage period. Written based assessments, where required for these modules, are due for submission by the end of week 12. For non-practical assessed modules, the due submission date for written/oral assessments is week 7 and week 12.

Within each module you will have five quizzes which should be completed to test your knowledge as you progress. There are no grades awarded for these quizzes.

Your practical assessments will usually be completed at an assessment day in Setanta Wellness in Thurles. You will complete a number of assessments on the one day for the stage of the course that you are in e.g. Functional Screening, Resistance Training 1 and Resistance Training 2.

## Do I have to attend the workshops?

Setanta College delivers 'Blended' learning which is a combination of online and in-person learning. While no grades are awarded for attendance at workshops, it is highly recommended that you attend all of your workshops. The benefit of attending workshops are:

- Prepare for practical assessments
- Engage in practical learning from workshop tutors
- Engage in peer to peer learning

In order to benefit from the learning outcomes covered during the practical workshops you should have studied all of the pre released topics prior to attendance.

If you cannot attend your workshop you must inform student.services@setantacollege.com

### What are the time commitments for studying with Setanta College?

As a general guideline it is recommended that you spend approximately four hours per week:

- Viewing lectures
- Additional reading
- Quizzes
- Researching and clarifying any content as required

The four hours does not have to be completed in a single sitting. You can complete the weekly materials in shorter periods depending on when your schedule allows it.

#### What if I do not understand some of the content or require clarification?

You can post questions to your groups Yammer page. Your classmates may have similar questions and it would benefit the group to engage in some conversation on the topic. Our tutors are active on Yammer and will respond here.

If you need to seek further clarification on content you can email your question to <a href="mailto:tutorenquiries@setantacollege.com">tutorenquiries@setantacollege.com</a> and one of our tutors will contact, you to answer your question.